



### SEASON 1: 8/29-10/21

- Girls Fastpitch
- Cross Country
- Boys Soccer
- Football 8/29-10/26

### SEASON 2:

- Girls Basketball  
10/24-12/9
- Boys Basketball  
11/28-1/27

### SEASON 3: 1/30-3/17

- Girls Volleyball
- Boys & Girls  
Wrestling

### SEASON 4:

- Track 3/20-5/12
- Boys Baseball 4/10-5/26
- Girls Soccer 4/10-5/26

## IN ORDER TO BE ELIGIBLE TO PARTICIPATE ON THE FIRST DAY OF PRACTICE:

- 1) Register on our FINAL FORMS website  
<https://lynden-wa.finalforms.com/>

Once you have selected the sports you are interested in playing you will automatically join the email list and receive important information about the first day of practice when it comes time to start. **Both a parent/guardian AND the student-athlete need to sign all the appropriate forms for this to be complete.**

- 2) Turn in a SPORTS PHYSICAL. Email a copy to [baark@lynden.wednet.edu](mailto:baark@lynden.wednet.edu), turn in a paper copy to the office (starting 8/22/22), OR upload on your Final Forms account. Sports physicals are good for 2 years.

- 3) Purchase a \$20 ASB CARD. We encourage you to purchase this on School Prep Day, 8/25/22 or with the mailed envelop prior. You can always purchase this in the office between 7:00am-3:30pm during the school year.

- 4) Pay all FEES & FINES on your account. If you have a fine on your account, you should be notified prior to the start of the season. Those will need to be paid through our office.

If you have any questions please email [baark@lynden.wednet.edu](mailto:baark@lynden.wednet.edu) or call the office.