



LYNDEN SCHOOL DISTRICT

Meeting: Health Review Committee

Date: 4/13/2021 Time: 4:00-5:30 pm

Zoom

Theory of Action:

It is our belief that strengthening the instructional core by:

- *Supporting and strengthening educators' knowledge and skills through collaborative adult learning*
- *Developing classroom environments that are highly engaging to our students*
- *Providing academically challenging standards-based curriculum*

Our students will be college, career, and citizenship ready when they graduate.

Purpose of Committee:

Review materials to meet Senate Bill 5395 Requirements. Review Comprehensive Sexual Health Education Legislation.

- Review updated Lynden High School Standards, Sexual Health Lessons and Resources, Curriculum general overview, Bystander Training & Affirmative Consent, Gender Identity and Sexual Orientation Lessons. Lynden Middle School health curriculum.

Community Member Attendees:

Sarah Stewart, Amy VanMersbergen, Jamie Williams

Lynden School District Member Attendees:

Stacey Anderson, Coral Bartlett, Elizabeth Hamming, Laura Lupo, Amy Ohlgschlager, Tiffany Sahagian, Aimee Speer

Recorder:

Kelly Hoekstra

Topic	Activity/Notes
Introductions	<p>Review Norms</p> <p>Reflections of 3.30.21 Minutes. Approved.</p> <p>Lynden High School teachers reviewed and shared Sample Lessons.</p> <p><u>Sample Lesson – The Safe Zone Project.</u> Genderbread Person and LGBTQ Umbrella</p> <ul style="list-style-type: none"> • Graphics described as too elementary • Importance of focusing on definitions and terms - more informational • Suggestion of replacing Genderbread person with a stick person or more organizational graphic • Connect gender topic with body systems • Focus on biological parts and diseases <p><u>Video: LGBTQ Discrimination</u></p> <ul style="list-style-type: none"> • After watching the video – parents were not fans • Feeling that video not appropriate to the goal of the lesson • Discrimination is everywhere • Empathy and importance looping back to kindness and respect for all • Acknowledge pain that individuals feel • Important to see people and that is respectful • Not necessary to show video <p><u>Family Homework</u></p> <ul style="list-style-type: none"> • Resources and tool list instead of assignment

	<ul style="list-style-type: none"> • Who is your child's person; importance to have adult contact in phone in addition to parent • Kids create safety plan paperwork / Notes App in phone • Parent information resources are critical • Parents are not fully aware of everything their child may or may not know • Anonymous student survey to give kids an opportunity to ask questions so teacher can address lessons • Survey Monkey • Importance of including parents in health topics • Parent open house an opportunity to share info on health <p><u>Suicide/Mental Health</u></p> <ul style="list-style-type: none"> • Counselor contacts parents and family • Teachers are noticers • Contact starts with counselors • Care teams • We are in a current mental health pandemic • Lesson • Whatcom County has awesome resources
Action Items	<ul style="list-style-type: none"> ✓ Counselors and Amy Speer to work on resources and tool list with teachers that connect to Health lessons ✓ Stacey Anderson, Tiffany Sahagian to compile list of definitions and terms for next meeting ✓ Discrimination video do not show in class ✓ Lynden Middle School Health curriculum collated and brought to District Office for review
Final Thoughts	<p>Thankful for Tiffany, Stacey, and Amy for the developing the Health education program at their schools. Respect for parents on the committee, and acknowledgement of the importance of health education, especially for families who are not able to address these topics.</p> <p>As a parent what are the best ways to receive health curriculum topics? What works and what is the best way to share with families?</p>
End Meeting: 5:30 p.m.	

Parking Lot Items:

K-5 Health Curriculum addressed in 2021-2022

Next Meeting:

April 27, 2021 | 4:00 p.m. – 5:30 p.m. | Zoom