

## Chores by level

### LEVEL 1 (Easiest)

Make bed  
  
Pick up toys and books  
Put laundry in hamper  
Help feed pets  
Help wipe up messes  
Dust (put socks on hands or use hand duster)

### Make it a little harder:

Choose bedding, making appropriate bedding selections if possible  
  
Sort by dark or light  
  
Throw away trash, or bring to laundry

### LEVEL 2

Clear-set table  
Load dishwasher  
Empty silverware from dishwasher  
Take laundry to laundry room  
Match socks  
Put away laundry  
Get the newspaper/mail  
Put away groceries  
Dry dishes  
Plant seeds and flowers  
Groom dogs/ cats

### Make it a little harder:

In correct location (closet and drawers)  
Sort into large and small  
  
  
Water them after

### LEVEL 3

Empty dishwasher  
Clean bathroom sinks/counter  
Fold laundry  
Sort laundry by colors  
Pull weeds and rake leaves  
Water plants and flowers  
Collect trash from waste baskets

### Make it a little harder:

### LEVEL 4

Clean toilets  
Take trash to curb  
Vacuum  
Mop Floors  
Mow grass  
Food preparation (wash, cut, dice, measure)  
Walk pet  
Water plants  
Fold/put away laundry  
Organize clothing (by color, warmth, etc)  
  
Organize bookshelves (by color, size, author, etc)  
Change bedding

### Make it a little harder:

Recycle  
Clean vacuum after use  
Clean mop after use  
Put away laundry  
Assist with cooking  
Clean pet if dirty from walk OR teach pet a trick  
  
Organize other items in closet (shoes, hats, etc.)

**LEVEL 5 (Hardest)**

Wash windows

Make grocery list

Do laundry

Cook simple meals (e.g. packaged meals with 1-2 steps)

Clean refrigerator

Wash the car

**Make it a little harder:**

Organize list into produce, meat, canned, dairy, frozen, bread/cereal, baking/spices, condiments, household

Hang dry preferred clothing items of family

3-5 step meal with supervision

Clean-remove expired/rotten food-organize

Clean the inside of the car: take out trash-organize-wipe surfaces-vacuum

Wax the car